

ROYAL PERTH YACHT CLUB



2023 **ELLIOTT 7**  
SHORT COURSE CHAMPIONSHIP  
HOSTED AT ROYAL PERTH YACHT CLUB CRAWLEY

# SAILING INSTRUCTIONS



ALL ENQUIRIES AND MORE INFORMATION  
[BOATINGOPERATIONS@RPYC.COM.AU](mailto:BOATINGOPERATIONS@RPYC.COM.AU)



ROYAL PERTH YACHT CLUB

## 1. Rules

- 1.1. The Australian Sailing (AS), Special Regulations Part 1, Category 7 shall apply.
- 1.2. RRS Appendix UF rules will be used for umpired fleet races when umpires are on water. This will be advised at briefings
- 1.3. Add new rule 41 (e)  
(e) help to recover from the water and return on board a crew member, provided the return on board is at the approximate location of the recovery.

## 2. Notices to Competitors

Notices to competitors shall be posted on the official noticeboard inside the Royal Perth Yacht Club Boating Office and may be placed on the event website.

## 3. Changes to the Sailing Instructions

Changes to the Sailing Instructions will be posted on the official noticeboard by 1600 on the day they will take effect and signalled as per RRS Race Signals. After this time changes to the Sailing Instructions made afloat shall be indicated by the display of Code Flag "L" accompanied by two sound signals. The change may be communicated either verbally or in writing.

## 4. Signals Made Ashore

- 4.1. Signals made ashore shall be displayed from the flagstaff on the Australia II Ceremonial Deck
- 4.2. When Code flag "AP" is displayed ashore, the "1 minute" is replaced with "not less than 30 minutes" in Race Signal AP.

## 5. Boats Supplied by the Organising Authority

- 5.1. Six (6) Elliott 7m yachts will be supplied.
- 5.2. Every reasonable effort will be made to equalise the boats. Variations will not be grounds for redress. Amends RRS62.
- 5.3. Supplied equipment shall not be transferred from one boat to another.
- 5.4. No other equipment shall be brought on to the boats except PFD's for each crew and a team ditty bag in accordance with SI 22.1.
- 5.5. At the conclusion of racing each day the boats sails shall be rolled and bagged and placed back on board the correct boat. The boat shall be left clean and tidy and all marks, tape and rubbish shall be removed.
- 5.6. The penalty for an infringement of any rule of this clause shall be disqualification from each race during which the infringement occurs or from the next race as is applicable.
- 5.7. When required, the navigation lights situated on the turnbuckles of the side-stays must be turned on and remain illuminated until back in the pen

## 6. Schedule of Racing

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RPYC Elliot 7 Short Course Championship		
Thursday 9 <sup>th</sup> November	Practice Day	1800
Thursday 16 <sup>th</sup> November	Qualifying One	1800
Thursday 23 <sup>rd</sup> November	Qualifying Two	1800
Thursday 30 <sup>th</sup> November	Qualifying Three	1800
Thursday 7 <sup>th</sup> December	Finals	1800
Thursday 14 <sup>th</sup> December	Finals	1800

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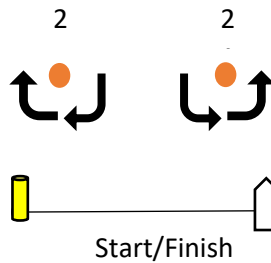
- 6.1. All teams must have a representative present at the daily briefings.
- 6.2. The first warning signal for the Series will be scheduled for 1755 on all racing days.
- 6.3. There will be no warning signal for qualifying series after 1930.

7. **Racing Area**

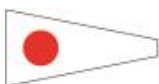
The racing area shall be on the waters of Matilda Bay, immediately to the north of Royal Perth Yacht Club on the Swan River.

8. **Courses**

8.1. Courses shall be windward leeward with a gate at both the top and bottom marks.



- 8.2. The diagram above shows the colours of the marks and the direction of rounding.
- 8.3. In the event that a gate mark is not in place, boats shall round the remaining mark to Port.
- 8.4. The course to be sailed will be displayed from the back of the Committee Vessel using numeral pennants
- 8.5. Courses to be sailed will be as per below:



**Course 1**  
Start – 1/1A – Finish



**Course 2**  
Start – 1/1A – 2/2A – 1/1A - Finish

**Marks**

- 8.6. Marks 1 & 1A will be Orange inflatable buoys
- 8.7. Marks 2 & 2A will be Orange inflatable buoys
- 8.8. The start/finish mark will be a yellow cylindrical buoy.

9. **Start Finish Line**

- 9.1. The start finish line will be between the start/finish mark and the flag mast displaying an orange flag on the Committee Vessel. This alters RRS Race Signals.
- 9.2. A barge buoy may be placed off the transom of the Committee Vessel.

## 10. Starting Procedure

- 10.1. The starting procedure will be a 3-minute start sequence, this amends RRS 26.
  - 10.1.1. 4 minutes – attention signals sound
  - 10.1.2. 3 minutes – SB flag will be displayed
  - 10.1.3. 2 minutes – Preparatory flag will be displayed
  - 10.1.4. 1 minute – Preparatory flag removed
  - 10.1.5. 0 minutes – SB flag removed

## 11. Change of Course

There will be no change of course while racing is underway.

## 12. Time Limit

- 12.1. The time limit for any race will be 5 minutes after the first boat has finished. This amends RRS 35

## 13. Protests

- 13.1. Racing may be fully umpired in accordance with World Sailing Appendix UF.
- 13.2. When an umpire is unavailable protests will follow the below:
  - 13.2.1. Protests will be lodged with the Race Officer of the day, boats who wish to lodge a protest must notify the Committee boat before the warning signal of the next race or within five minutes of finishing the final race of the day. This amends RRS 61.3
  - 13.2.2. Protest forms shall be lodged within 60 minutes of the last boat finishing the last race of the day. This amends RRS 61.3

## 14. Scoring

- 14.1. Scoring for the qualifying and finals series will be in accordance with Appendix A RRS.
- 14.2. RRS Appendix A 2.1 is changed so that there are no races to be excluded from a boat's series score.

## 15. Sails

The sail combination to be used will be signalled from the Committee Vessel with or before the warning signal. The signals have the following meanings:

Signal	Sail combination to be used
No signals displayed	Full sails (Mainsail, Jib & Asymmetric Spinnaker)
International Code Flag "J"	Mainsail & Jib only

## 16. Code of Conduct

- 16.1. Competitors shall comply with any reasonable request from any official, including attendance at official functions, cooperation with event sponsors and shall not behave so to bring the event into disrepute
- 16.2. Competitors shall handle the boats and equipment with proper care and seamanship and in accordance with these Sailing Instructions.
- 16.3. Breaches of this SI may also be referred to the Protest Committee. Any penalty will be at the discretion of the Protest Committee and may include exclusion from, further participation in the event, the withdrawal of any prize money or withholding of deposits.

## 17. Prizes

- 17.1. The overall winner shall be deemed the Elliott 7 Short Course Champion.
- 17.2. Other prizes may be awarded at the discretion of the OA

## 18. Disclaimer

- 18.1. All those taking part in this event do so at their own risk and responsibility. Royal Perth Yacht Club, their officials, volunteers and any other associated sponsor or guest disclaims any and every responsibility for loss, damage, injury or inconvenience that might occur to persons and things both ashore and at sea, as a consequence of participation in any way in this event.

- 18.2. Attention is drawn to RRS Part 1, Fundamental Rules, in particular, RRS 3 which states that, *“The responsibility for a boats decision to participate in a race or to continue racing is hers alone.”*

## **19. Prohibited Items and Actions**

- 19.1. Except in an emergency or in order to prevent damage or injury, or when directed by a race official otherwise, the following are prohibited:
- 19.1.1. Any additions, omissions or alterations to the equipment supplied.
  - 19.1.2. The use of any equipment for a purpose other than intended.
  - 19.1.3. The replacement of any equipment without sanction of the RC.
  - 19.1.4. Sailing the boat in a manner that is reasonable to predict that significant damage would result.
  - 19.1.5. Moving equipment from its normal stowage position except when being used.
  - 19.1.6. Boarding a boat without prior permission.
  - 19.1.7. Coaches must be off a competitor boat before the preparatory signal.
  - 19.1.8. Taking a boat from its berth or mooring without having permission from the RC.
  - 19.1.9. Attaching lines to the fabric of spinnakers.
  - 19.1.10. Perforating sails, even to attach tell tales.
  - 19.1.11. Adjusting or altering the tension of standing rigging.
  - 19.1.12. Using a winch to adjust the mainsheet, vang, or Cunningham.
  - 19.1.13. Cross winching foresail sheets.
  - 19.1.14. Omitting any headsail car or turning block before sheeting.
  - 19.1.15. Marking directly on the hull or deck with permanent ink.
  - 19.1.16. Using the shrouds (including any inner shrouds) above the lower bottle screw (turnbuckle) to facilitate tacking or gybing, or to aid the projection of a crew member outboard.

## **20. Permitted Actions at any Time**

- 20.1. Taking on board the following equipment
- 20.1.1. Basic hand tools
  - 20.1.2. Adhesive tape
  - 20.1.3. Line (elastic or otherwise of 4mm or less)
  - 20.1.4. Watches, timers, and small personal video devices such as a go-pro
  - 20.1.5. Shackles and clevis pins
  - 20.1.6. PFD's
- 20.2. Using the items in 22.1 to:
- 20.2.1. Prevent fouling of lines, sails, and sheets
  - 20.2.2. Prevent sails being damaged or falling overboard
  - 20.2.3. Mark control settings

## **21. Mandatory Items and Actions**

- 21.1. A verbal confirmation to the change over boat when leaving a boat, in relation to damage of the boat or if no damage is to be reported.
- 21.2. At the end of each day sailing:
- 21.2.1. Rolling, bagging and placement of the sails as directed by a member of the OA
  - 21.2.2. Leaving the boat in the same state of cleanliness as when first boarded that day.
- 21.3. At the end of each day for each boat, competitors must clean the boat and wash down the boat with fresh water, remove all rubbish, tape and marks, and remove any water from the boat.
- 21.4. Enclosed shoes at all times whilst on the water.

## APPENDIX UF

### UMPIRED FLEET RACING

*Umpired fleet races shall be sailed under The Racing Rules of Sailing as changed by this appendix. Races shall be umpired. The rule changes in UF1 have been approved by World Sailing under Regulation 28.1.5(b) on the condition that only the provided options are used. This appendix applies only when it is referred to in the Notice of Race and made available for all competitors.*

#### **UF 1 CHANGES TO THE DEFINITIONS, THE RULES OF PART 1 AND 2, AND RULE 70**

- UF 1.1** Add to the definition *Proper Course*: 'A boat taking a penalty or manoeuvring to take a penalty is not sailing a *proper course*.'
- UF 1.2** Add new rule 7 to Part 1:  
**7 LAST POINT OF CERTAINTY**  
The umpires will assume that the state of a boat, or her relationship to another boat, has not changed, until they are certain that it has changed.'
- UF 1.3** When rule 20 applies, the following arm signals are required in addition to the hails:  
(a) for Room to tack, repeatedly and clearly pointing to windward; and  
(b) for 'You tack', repeatedly and clearly pointing at the other boat and waving the arm to windward.
- UF 1.4** Rule 70 is deleted.

#### **UF 2 CHANGES TO OTHER RULES**

- UF 2.1** The first paragraph of Rule 44.1 is changed to read: "A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2, rule 31 or rule 42 in an incident while *racing*."
- UF 2.2** A boat that plans to take a voluntary One-Turn Penalty shall clarify her intention to do so by making an arm signal waving a hand over the head or making a verbal hail, such that it is clearly evident to both the umpires and the protesting boat that she intends to take a penalty in compliance with rule 44.2.  
Add the following [limitations] to rule 44.2:  
(a) "When a boat plans to take a penalty for an incident in the zone, she shall delay getting well clear until she has passed that mark and cleared its zone."  
(b) "A boat taking a One-Turn or Two-Turns Penalty shall have the spinnaker head below the main-boom gooseneck each time she passes head to wind."
- UF 2.3** Rule 60.1 is changed to: 'A boat may protest another boat, but not for an alleged breach of a rule of Part 2 unless she was involved in the incident.'
- UF 2.4** The third sentence of rule 61.1(a) and all of rule 61.1(a)(2) are deleted
- UF 2.5** The three sentences of rule 64.2 are replaced with: "When the protest committee decides that a boat that is a *party* to a protest hearing has broken a *rule*, it may impose penalties other than disqualification, and may make any other scoring arrangement it decides is equitable. If a boat has broken a *rule* when not *racing*, the protest committee shall decide whether to apply a penalty to the race sailed nearest in time to that of the incident or make some other arrangement."

#### **UF 3 ON WATER PROTESTS AND PENALTIES**

##### **UF 3.1 Protests by Boats**

- When a boat protests under a rule of Part 2 (except rule 14) or under rule 31 or 42 for an incident in the racing area, she is not entitled to a hearing and the following applies:
- (a) She shall hail 'Protest' and conspicuously display a red flag at the first reasonable opportunity for each. She shall remove the flag before, or at the first reasonable opportunity after a boat involved in the incident has taken a penalty voluntarily or after an umpire's decision.
- (b) Boats shall be given time to respond.
- (c) An umpire may penalize any boat that broke a rule and is not exonerated, unless the boat took a voluntary penalty.
- (d) An umpire shall signal a decision in compliance with rule UF3.3.

### **UF 3.2 Penalties Initiated by an Umpire**

(a) An umpire may penalize a boat without a *protest* by another boat, or report the incident to the protest committee, or both, when the boat

- (1) breaks rule 31 or 42 and does not take a penalty.
- (2) gains an advantage despite taking a voluntary or imposed penalty.
- (3) clearly indicates that she will take a penalty and fails to do so.
- (4) fails to take a penalty signalled by an umpire.
- (5) commits a breach of sportsmanship.

The umpire shall signal a decision in compliance with rule UF3.3.

(b) An umpire may impose a 'one-point penalty' without a hearing for any breach of a boat handling rule in **SI 21, 22 or 23** and shall report any such breaches to the Race Committee. No umpire signal will be made.

(c) When there is contact between boats that causes damage or injury, or the umpires decide a boat has broken rule 14 and damage or injury resulted, they may report the incident to the protest committee.

### **UF 3.3 Umpire Signals**

An umpire will signal a decision as follows:

(a) A green and white flag with one long sound means 'No penalty.'

(b) A red flag with one long sound means 'a penalty is imposed'. The umpire will hail or signal to identify each boat penalized.

(c) A blue flag with one long sound means the incident may be reported to the protest committee.

### **UF 3.4 Penalties Imposed by Umpires**

(a) A boat penalized by an umpire in response to a protest by another boat shall take a Two-Turns Penalty. However,

(b) When an umpire penalizes a boat without a protest by another the boat shall take the number of One-Turn Penalties hailed or signalled by the umpire.

**UF 3.5** No proceedings of any kind may be taken in relation to any action or non-action by an umpire.

## **UF4 RACE COMMITTEE ACTIONS, PROTESTS, AND REQUESTS FOR REDRESS AFTER A RACE**

**UF 4.1** At the finishing line, the race committee will inform the competitors about each boat's finishing place or scoring abbreviation on **VHF channel 77**. After this has been done, the race committee will promptly display flag B with one sound. Flag B will be displayed for at least two minutes and then removed with one sound. If the race committee changes the scoring information provided at the finishing line while flag B is displayed, it will display flag L with one sound and inform competitors of these changes. Flag B will continue to be displayed for at least two minutes after any changes are communicated.

**UF 4.2** A boat intending to

- (a) protest another boat under a rule other than rule of Part 2, rule 31 or rule 42,
- (b) protest another boat under rule 14 if there was contact that caused damage or injury, or
- (c) request redress

shall hail the race committee before or during the display of flag B.

**UF 4.3** The race committee will promptly inform the protest committee about any protests or requests for redress made under rule UF4.2.

**UF 4.4** The race committee will not protest a boat.

**UF 4.5** The protest committee may protest a boat under rule 60.3. However, it will not protest a boat for breaking a rule of Part 2 including rule 14 unless there is damage or injury, rule 31 or rule 42.

**UF 4.6** The time limit defined in rule UF4.2 also applies to protests under rule UF4.5 and when such protests are permitted. The protest committee shall extend the time limit if there is good reason to do so.

### **UF 4.7 Protest/Redress Filing requirements**

(a) Protests and requests for redress need not be in writing.

(b) The protest committee may inform the protestee and schedule the hearing in any way it considers appropriate and may communicate this orally.

(c) The protest committee may take evidence and conduct the hearing in any way it considers appropriate and may communicate its decision orally.

(d) If the protest committee decides that a breach of a rule has had no effect on the outcome of the race, it may impose a penalty of points or fraction of points or make another arrangement it decides is equitable, which may be to impose no penalty.

(e) If the protest committee penalizes a boat in accordance with rule UF4.8(d), or if a standard penalty is applied, all other boats will be informed about the change of the penalized boat's score.