

Sailor Development Program

Spring Sailing Season 2022

The Sailor Development Program (SDP) is a series of programs designed to assist people who have completed the Learn to Sail (Keelboat Crew & Helm) course, or have equivalent sailing experience, to further develop their sailing skills to be “race-ready” as crew, and also if desired go on to skipper a sailing boat. The SDP is a member service program at Royal Perth Yacht Club (RPYC). The programs cover:

Program units and content	Duration
Spinnaker handling symmetric and asymmetric: launch, gybe and recover spinnakers, trimming sheet and brace, as well as helming under spinnaker.	5 weekly on-water sessions of 4 hours each. Total 20 hours.
Racing: sail and boat trim, racing rules and “colregs”, teamwork and personal preparation. Starts & racing practice.	2 evening seminars, 3 hours each. 5 weekly on-water sessions, 3 in boat handling techniques and 2 in racing practice, 4 hours each. Total 26 hours.
Skipper: Departing and arrival at a pen and a jetty, anchoring and mooring, helming skills, MOB recovery, towing, under power, risk management, “colregs” and Racing Rules, chart work, intro to GPS, basic maintenance. Segment: Navigation and night navigation Seminar on local chart work and GPS. Bring your own Swan River Chart, if you have one. Night navigation exercise on the river - Your boat or ours!	2 evening seminars, 3 hours each. 3 weekly on-water sessions, plus a river night navigation exercise. 4 hours each. Total 22 hours. 1 evening seminar, 3 hours; plus 1 evening sail on the river, 4 hours.
NB: The seminars in each program are an integral and required component. The racing and skipper programs are available to sailors who do not wish to sail with spinnakers, such as JAM (jib & main only) and mid-week fleets.	

You may elect to undertake any single program or complete all three programs.

The programs operate on a rotation basis (as we complete one program, we will commence the next). The schedule at RPYC for the next few months is shown in the table below:

All programs will operate with a minimum of 3, and maximum of 5, trainees on each boat.

At the completion of these programs, your coaches will introduce you to the next stages at RPYC for longer-term development of your sailing skills. Racing skills development continues at RPYC year-round in fleet, match and teams racing.

Sailor Development Program			2205	
RPYC Keelboat Crew & Helm Courses complete 21 Aug 2022				
Spinnaker: On-water	#1-5	Sun Aug 28, Sep 4, 11, 18, 25.	0800 – 1200	Farr 9.2 <i>The Black Smoke</i> & S80 <i>Grand Piano</i>
Racing: Seminars	#1, #2	Mon Oct 3, 10	1830 – 2130	RPYC Sailing Office Meeting Room
Racing: On- water	#1-4	Sun Oct 2, 9, 16 Sat 22, 29	0800 - 1200	RPYC Pen 5 <i>Grand Piano</i>
Skipper: Seminars	#1 #2	Mon Nov 7 Chart work Mon Nov 14	1830 – 2130	RPYC Sailing Office Meeting Room
Skipper: On- water	#1-3	Sat Nov 5, 12, 19	0800 - 1200	RPYC Pen 5 <i>Grand Piano</i>
Skipper: Night navigation		Mon Nov 21 or Wed Nov 23	1730 - 2130	RPYC Pen 5 <i>Grand Piano</i>

Participants must be a member of Royal Perth Yacht Club. Crew, or other categories, membership can be arranged with your club. Crew membership is \$31/month.

There are no formal course fees. The program is provided by the S80 WA Inc., which owns the S80 *Grand Piano* as a training boat. The coaches are volunteers from S80 WA, and other keelboat fleets. However, donations to the S80 *Grand Piano* Maintenance Fund are most welcome.

For more information, please visit the S80 WA website:

<https://www.revolutionise.com.au/s80yawa/home/>

or contact Tony Strickland 0400 504 144; patton@inet.net.au



Registration of Interest for the S80 WA Sailor Development Program

Name:

Mobile:

Email:

Member at Royal Perth Yacht Club: Australian Sailing Number:
Yes / No

If you are not yet a member, S80 WA will be pleased to introduce you to Royal Perth Yacht Club.
Please identify the programs that you would like to do, commencing:

Spinnaker	
Racing	
Skipper	
Night Navigation	

Please email this page to patton@inet.net.au

Contact Tony Strickland 0400 504 144