



Sailor Development Program

The Sailor Development Program (SDP) is a series of programs to assist people who have completed the Keelboat Crew and Helm course, or have equivalent sailing experience, to develop their sailing skills to be “race-ready” as crew, and also go on to skipper a sailing boat. The SDP is member service program at Royal Perth Yacht Club (RPYC).

The programs cover:

Program units and content	Duration
<p>Spinnaker handling symmetric and asymmetric: launch, gybe and recover spinnakers, trimming sheet and brace, as well as helming under spinnaker.</p>	<p>Introductory evening 2-hour seminar, then 4 weekly on-water sessions of 4 hours each. Total 18 hours.</p>
<p>Racing: sail and boat trim, racing rules and “colregs”, teamwork and personal preparation. Starts & racing practice.</p>	<p>2 evening seminars, 3 hours each. 4 weekly on-water sessions, 2 in boat handling techniques and 2 in racing practice, 4 hours each. Total 22 hours.</p>
<p>Skipper: Departing and arrival at a pen and a jetty, anchoring and mooring, helming skills, MOB recovery, towing, under power, risk management, COLREGS and Racing Rules, chart work, intro to GPS, basic maintenance.</p>	<p>2 evening seminars, 3 hours each. 3 weekly on-water sessions, plus a river night navigation exercise. 4 hours each. Total 22 hours.</p>
<p>NB: The seminars in each program are an integral and required component. They are held in the RPYC Dinghy Division.</p> <p>NB: The racing and skipper programs are available to sailors who do not wish to sail with spinnakers, such as JAM (jib & main only) and mid-week fleets.</p>	
<p>Navigation and night navigation Seminar on local chart work and GPS Bring your own Swan River Chart and/or GPS, if you have one. Night navigation exercise on the river. Your boat or ours!</p>	<p>1 evening seminar, 3 hours 1 evening sail on the river, 4 hours</p>
<p>Recreational Skipper's Ticket (RST) This is required in Western Australia to skipper a power boat, and a sailing boat which has an inboard engine or an outboard motor, such as an S80. The RST is recognised as the equivalent qualification required in each of the other States of Australia. The RST assessment is \$220, paid direct to the Authorised Assessor.</p>	<p>Preparatory seminar, 1 hour. Written test, then on-water training and assessment, 4 hours. Total 5 hours This can be done at the mutual convenience of you and the Authorised Assessor.</p>

The programs operate on a rotation basis (as we complete one cycle, we will commence another). This is the schedule for the next few months:

Racing: on-water	#1-4	Sats 20 & 27 Mar, Suns 11 & 18 Apr	08:00-12:00	RPYC
Racing: Seminar	#1	Mon 22 Mar	18:30-21:30	SoPYC Dinghy Clubhouse
Racing: Seminar	#2	Mon 29 Mar	18:30-21:30	RPYC Dinghy Division
Spinnaker: seminar		Tue 06 Apr	18:30-20:30	RPYC Dinghy Division
Spinnaker: on-water	#1-4	Sats 10 & 17 Apr, 01 & 08 May	08:00-12:00	RPYC Grand Piano Pen E5
Skipper: on-water	#1-3	Sats 08, 15 & 22 May	08:00-12:00	RPYC
Skipper: Seminar	#1	Thu 13 May	18:30-21:30	SoPYC Dinghy Clubhouse
Skipper: Seminar	#2	Tue 18 May	18:30-21:30	RPYC Dinghy Division
Skipper: night navigation		Tue 25 May	17:30-21:30	RPYC Grand Piano
Spinnaker: Introductory seminar		Thu 13 May	18:30-20:30	RPYC Dinghy Division
Spinnaker: on-water	#1-4	Sats 15, 22 & 29 May, 12 Jun	08:00-12:00	RPYC Grand Piano

All programs will operate with a minimum of 3, maximum 5, trainees on each boat.

NEW SEGMENT

Navigation and night navigation

Seminar **Tue** 18 May 18:30 - 21:30

Please bring your own Swan River Chart and GPS, if you have them.

Night navigation exercise on the river **Tue** 25 May 17:30 - 21:30

Your boat or Grand Piano.

At the completion of these programs, your coaches will introduce you to the next stages at RPYC of longer-term development of your sailing skills. Racing skills development continues year-round in fleet, match and teams racing.

Participants must be a member of Royal Perth Yacht Club. Crew membership equates to \$31/month. You may also consider other membership categories, such as senior or family membership. Visit the Club website for detailed information, www.rpyc.com.au/membership/

There are no formal course fees. The program is provided by S80 WA, which owns the S80 *Grand Piano* as a training boat. The coaches are volunteers from the S80, and other, fleets. Donations to the Grand Piano Maintenance Fund are most welcome.

For more information please visit S80 WA website:

<https://www.revolutionise.com.au/s80yawa/home/>

OR Tony Strickland 0400 504 144 or patton@inet.net.au



Registration of interest for the S80 WA Sailor Development Program

Name:

Mobile:

Email:

Member at which Yacht Club:

Australian Sailing Number:

If you are not yet a Yacht Club Member, S80 WA will be happy to introduce you to Royal Perth Yacht Club.

These are the programs that I would like to do, commencing:

Spinnaker	Date:
Racing	Date:
Skipper	Date:
Recreational Skipper's Ticket	(Any time) Preferred dates for you:
Night Navigation	Date:

The development program units can also be available during the week. Please advise your available day(s) and morning or afternoon:

--

Please email this page to Tony Strickland at patton@inet.net.au.