



Sailor Development Program

The Sailor Development Program (SDP) is a series of programs to assist people who have completed the Keelboat Crew and Helm course, or have equivalent sailing experience, to develop their sailing skills to be “race-ready” as crew, and also go on to skipper a sailing boat. The SDP is member service program at Royal Perth Yacht Club (RPYC).

The programs cover:

Program units and content	Duration
<p>Spinnaker handling symmetric and asymmetric: launch, gybe and recover spinnakers, trimming sheet and brace, as well as helming under spinnaker. The 3rd and/or 4th on-water session will be on an S97.</p>	<p>Introductory evening 2-hour seminar, then 4 weekly on-water sessions of 4 hours each. Total 18 hours.</p>
<p>Racing: sail and boat trim, racing rules and “colregs”, teamwork and personal preparation. Starts & racing practice.</p>	<p>2 evening seminars, 3 hours each. 4 weekly on-water sessions, 2 in boat handling techniques and 2 in racing practice, 4 hours each. Total 22 hours.</p>
<p>Skipper: Departing and arrival at a pen and a jetty, anchoring and mooring, helming skills, MOB recovery, towing, under power, risk management, COLREGS and Racing Rules, chart work, intro to GPS, basic maintenance.</p>	<p>2 evening seminars, 3 hours each. 3 weekly on-water sessions, plus a river night navigation exercise. 4 hours each. Total 22 hours.</p>
<p>NB: The seminars in each program are an integral and required component.</p> <p>NB: The racing and skipper programs are available to sailors who do not wish to sail with spinnakers, such as JAM (jib & main only) and mid-week fleets.</p>	
<p>Navigation and night navigation Seminar on local chart work and GPS Bring your own Swan River Chart, if you have one. Night navigation exercise on the river Your boat or ours!</p>	<p>1 evening seminar, 3 hours 1 evening sail on the river, 4 hours</p>
<p>Recreational Skipper’s Ticket (RST) This is required in Western Australia to skipper a power boat, and a sailing boat which has an inboard engine or an outboard motor, such as an S80. The RST is recognised as the equivalent qualification required in each of the other States of Australia. The RST assessment is \$220, paid direct to the Authorised Assessor.</p>	<p>Preparatory seminar, 1 hour. Written test, then on-water training and assessment, 4 hours. Total 5 hours</p>

The programs operate on a rotation basis (as we complete one cycle, we will commence another). This is the schedule for the next few months:

Spinnaker: Introductory seminar **Wed** 14 Oct
On-water sessions **Suns** 18 & 25 Oct, 01 & 08 Nov

Racing: Seminars **Tues** 20 Oct & 03 Nov.
On-water sessions **Sats** 17 & 24 Oct, 07 & 14 Nov

Racing: Seminars **Mons** 16 & 23 Nov
On-water sessions **Suns** 15, 22 & 29 Nov, 06 Dec

Skipper: Seminars **Mons** 16 & 30 Nov
On-water sessions **Sats** 21 & 28, Nov, 05 Dec
Mon 07 Dec Night navigation exercise

The on-water sessions operate 08:00 – 12:00, the introductory seminar for the Spinnaker unit 18:30 – 20:30, and the seminars for the Racing and Skipper units 18:30 – 21:30. The night navigation exercise in the Skipper Program is 17:30 – 21:30.

All programs will operate with a minimum of 3, maximum 5, trainees on each boat.

NEW SEGMENT

Navigation and night navigation

Seminar **Sun** 11 Oct 13:30 – 15:30
Mon 30 Nov 18:30 - 21:30 Dinghy division

Bring your own Swan River Chart, if you have one

Night navigation exercise on the river **Mon** 12 Oct & 07 Dec 17:30 - 21:30
Your boat or Grand Piano.

Recreational Skippers Ticket: this can be done at the mutual convenience of you and the Authorised Assessor.

At the completion of these programs, your coaches will introduce you to the next stages at RPYC of longer-term development of your sailing skills. Racing skills development continues year-round in fleet, match and teams racing.

Participants must be a member of Royal Perth Yacht Club. Crew membership equates to \$31/month.

There are no course fees. The program is provided by S80 WA, which owns the S80 Grand Piano as a training boat. The coaches are volunteers from the S80, and other, fleets. Donations to the Grand Piano Training Fund are most welcome.

For more information please contact S80 WA website:

<https://www.revolutionise.com.au/s80yawa/home/>

OR

Tony Strickland
Principal, S80 WA Sailor Development Program
0400 504 144 or patton@iinet.net.au



Registration of interest for the S80 WA Sailor Development Program

Name:

Mobile:

Email:

Member at which Yacht Club:

Australian Sailing Number:

If you are not yet a Yacht Club Member, S80 WA will be happy to introduce you to Royal Perth Yacht Club.

These are the programs that I would like to do, commencing:

Spinnaker	Date:
Racing	Date:
Skipper	Date:
Recreational Skipper's Ticket	(Any time): Date

The development program units can also be available during the week. Please advise your available day(s) and morning or afternoon:

Please email this page to Tony Strickland at patton@inet.net.au.